

# The FACTS



## What is secondhand smoke?

The smoke from the burning end of a cigarette, cigar, or other combustible tobacco product. Secondhand smoke is also smoke exhaled by a smoker.

## Is it safe?

There is no safe level of exposure. Exposure can lead to higher risk of asthma, bronchitis, heart disease and lung cancer.

## What about electronic smoking devices (ESD)?

ESD produce an aerosol, not a harmless water vapor. ESD aerosol can contain toxins and particles that are inhaled into the lungs.

## How do I protect myself and loved ones?

Create a smokefree environment. Make your home and vehicle smokefree.