COPD is a leading cause of disability and death in the U.S. It is often underdiagnosed or diagnosed at advanced stages, but when treated in the early stages options exist that can decrease the rate of decline in lung function and improve quality of life.

American Lung Association Courses and Trainings

COPD Overview Online Module
This one hour, on-demand program will review evidence-based guidelines to improve care for patients with COPD. Continuing education credits may be available.

COPD Educator Course*
This three-day, 14-hour professional development, live-streamed course provides professionals with practical skills and knowledge to improve quality of care to patients with COPD. Continuing education credits are available.

Better Breathers Club
Become a Better Breathers Club facilitator and lead in person or virtual support group meetings that provide education and networking opportunities for adults living with chronic lung disease like COPD.

Ask, Advise, Refer to Quit, Don’t Switch
This on-demand training is based on CDC’s Ask, Advise, Refer brief intervention module. Continuing education credits are available.

Freedom From Smoking**
Become a Freedom from Smoking facilitator and lead engaging, effective group tobacco cessation clinics in communities nationwide.

Spirometry Trainings
Explore resources and case studies about how to conduct and interpret spirometry results.

* Fee is associated with taking this training or course
Access training programs and patient resources at Lung.org/HCP-COPD.

This publication was supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $400,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.