COPD is a leading cause of disability and death in the U.S. It is often underdiagnosed or diagnosed at advanced stages, but when treated in the early stages options exist that can decrease the rate of decline in lung function and improve quality of life. Find these courses and more under the Expand Your Knowledge section on Lung.org/HCP-COPD.

American Lung Association Courses and Trainings

COPD Overview Online Module
This one-hour, on-demand program will review evidence-based guidelines to improve care for patients with COPD. Continuing education credits may be available.

COPD Basics
This one-hour, two-part interactive online program helps people understand COPD including risk factors, treatment options, managing exacerbations, and more. Continuing education credits are available.

COPD Educator Course
This three-day, 14-hour professional development, live-streamed course provides professionals with practical skills and knowledge to improve quality of care to patients with COPD. Continuing education credits are available. An on-demand version of this training is also available.

Better Breathers Club
Become a Better Breathers Club facilitator and lead in-person or virtual support group meetings that provide education and networking opportunities for adults living with chronic lung disease like COPD.

Ask, Advise, Refer to Quit, Don’t Switch
This on-demand training is based on CDC’s Ask, Advise, Refer brief intervention module. Continuing education credits are available.

Freedom From Smoking®
Become a Freedom From Smoking® facilitator and lead engaging, effective group tobacco cessation clinics in communities nationwide.

Spirometry Trainings
Explore trainings, resources, and case studies about how to conduct and interpret spirometry results.