

Ask, Advise, Refer to Quit, Don't Switch

Brief Tobacco Intervention Training



On-Demand

ASK about tobacco use. **ADVISE** tobacco users to **QUIT, DON'T SWITCH**. Refer to resources.

This free, on-demand online training is based on the CDC's Ask-Advise-Refer model. Learn to utilize updated tools and strategies for conducting an effective brief tobacco intervention for patients using any tobacco product including e-cigarettes.

This training promotes evidence-based, proven-effective cessation strategies and reviews the seven FDA-approved quit medications currently available.

Register today at Lung.training

I'm not a healthcare professional, can I take this training?

Although this training is targeted towards healthcare professionals who have direct contact with patients, this training is appropriate for other people working in community health settings.

Questions?

Contact QuitDontSwitch@Lung.org
for more information.

For more than 120 years, the American Lung Association has been the champion of healthy lungs and healthy air. Today, our work is more important than ever.

