Smoking Cessation Therapies Benefit Substance Use Disorder Clients

Research has shown that participants receiving smoking cessation treatment demonstrated better outcomes for drug-free days and abstinence.9

Smoking cessation therapies provided during substance use disorder treatment were associated with a 25% increased likelihood of long-term abstinence from alcohol and illicit drugs.10

Incorporate smoking cessation therapies into your substance use disorder treatment programs. You are making a difference.

7. Smoking kills more people than alcohol, AIDS, car accidents, illegal drugs, homicides, and suicides combined, with thousands more dying from smokeless tobacco use.4
8. People who smoke are also at greater risk for conditions such as diabetes, high blood pressure, COPD, and others.3,6,7

People in treatment for cocaine dependence may increase their success by participating in smoking cessation therapies.

Studies have shown that as many as 80% of clients in substance use disorder treatment have expressed an interest in tobacco cessation.8

Smoking tobacco is one of the deadliest forms of addiction.1,2

During substance use disorder treatment, therapies that help people quit smoking do not interfere with an individual’s recovery.

Quitting tobacco use during drug addiction treatment is linked to a 25% increase in long-term sobriety.8

In fact, 85% of participants completed the 10-week active treatment period concurrent with smoking cessation treatment.9

Research has shown that participants receiving smoking cessation treatment attendance did not differ between the groups receiving smoking cessation treatment and those receiving treatment as usual.9

At minimum, 65% of clients in treatment for substance use disorders smoke cigarettes.3

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