



Call our **FREE HelpLine** to talk to an expert. **1-800-LUNGUSA**



- Newly diagnosed or caring for a patient with lung disease?
- Trying to quit tobacco?
- Concerned about your risk for lung disease?

Our compassionate and knowledgeable HelpLine staff can provide you with the support you need and the answers you're looking for.

Contact Us

Available Monday thru Friday: 7 a.m. – 9 p.m. CST; Weekends: 9 a.m. – 5 p.m. CST, except for major holidays.

 Email a question to HelpLineInfo@Lung.org.

 Visit lung.org/support-community/lung-helpline-and-tobacco-quitline - Chat live or submit a question online.

 TTY for hearing impaired 1-800-501-1068.

Reasons to Call the Lung HelpLine

1. Our experts have answers.

Our HelpLine staff consists of experienced registered nurses, respiratory therapists and certified tobacco treatment specialists. You'll speak directly to an expert about your lung disease or questions about quitting smoking or other tobacco products.

2. Understand your diagnosis and treatment options.

Whether newly diagnosed with lung disease or dealing with a chronic condition, we can help with answers about what comes next, what your options are, and even provide you with resources, referrals and support.

3. Know your risks.

Get information and help with your questions on smoking/tobacco use, radon, air pollution, genetic risk factors for lung disease, asthma, COPD, lung cancer and more. Find out how to reduce your risks for lung disease.

4. It's FREE.

Our compassionate counseling is free, and there is no limit to the number or length of calls. You can call us as many times as needed.