

## **Improving Asthma in Ohio Schools**

**Program Overview** 

**Asthma in Ohio** Almost 8% of children under 18 (190,000) have a diagnosis of asthma. For many children, unmanaged symptoms disrupt daily life and impair their ability to learn and play to the fullest. The burden is even higher among some communities: the prevalence rate among children in low-income households is 10.9% (compared to 6.4% among children from households that make \$50,000 or above), and the prevalence rate among Black children is more than twice that of white children (3.9% compared to 5.6%, respectively). Unfortunately, Black children in Ohio also visit the emergency department (ED) and hospital for asthma at a rate more than four times greater than that of white children.

## The American Lung Association is here to help...

As the nation's champion for lung health, the American Lung Association is committed to improving pediatric asthma outcomes and quality of life for children in Ohio, especially among high-burden communities.

The Lung Association is providing targeted outreach in northeast Ohio to recruit nurses in four counties (Cuyahoga, Medina, Summit, Wayne) to deliver asthma self-management education using the American Lung Association's **Open Airways for Schools® and Kickin' Asthma programs.** Facilitators will be encouraged to complete the course, **Stock Asthma Medication: Implementation Guidance for Schools**, and be eligible to receive a \$100 stipend to purchase supplies in support of the Stock Asthma Medication program. This program is made possible through generous support from the Reid Wiley Charitable Foundation.

### **OUR GOAL**

To recruit and support schools with asthma programs across Cuyahoga, Medina, Summit, and Wayne counties.

Program participants will receive free training from the American Lung Association to deliver pediatric asthma self-management education.



## Open Airways for Schools®

Open Airways for Schools facilitators lead the American Lung Associations effective asthma self-management education program for children ages 8 – 11. Visit Lung.org/openairways to learn more.



#### **Kickin Asthma**

Kickin' Asthma facilitators lead the American Lung Association's effective teen asthma self-management education program for children ages 11-16. Visit Lung.org/kickin-asthma to learn more.





Eligibility requirements to receive a free scholarship include:

- Facilitator candidates must have relationships with schools and/or youth organizations in Cuyahoga, Medina, Summit or Wayne counties, serving elementary-aged children (ages 8-11).
- Must be able to complete the Facilitator Training by 6/30/24.
- Must implement at least one OAS or KA program by 12/31/24.

Eligible candidates, please complete the OAS RWCF Scholarship Form.

# Program participants will receive a complimentary copy of the resource, Controlling Asthma Flipchart.



## Controlling Asthma: What You Need to Know ("Asthma Flipchart")

The Controlling Asthma: What You Need to Know, Asthma Flipchart, is an asthma self-management education tool to deliver asthma education to patients and caregivers in a variety of settings from clinical, homes, and community. It is guidelines based, low literacy and flexible to meet the needs of the educators. All facilitator trained will receive a complimentary copy (A \$100 value).

## Program participants will receive training in Stock Asthma Program implementation and a \$100 stipend to support Stock Asthma Medication

### **Stock Asthma Medication: Implementation Guidance for Schools**

The Stock Asthma Medication: Implementation Guidance for Schools online course is targeted to



licensed and unlicensed school personnel who administer stock quick-relief asthma medication, and stakeholders seeking to understand and implement relevant legislation, policies, or programs. The course is divided into four modules that address essential elements from understanding the need for asthma-related policies in schools to successfully implementing a stock asthma medication program.

## **Managing Asthma in Children School Nurse Assessment**



The American Lung Association would like to hear from you. Please share your thoughts with about improving access to asthma medication in schools and providing asthma self-management education to students with asthma.

To get started, please email Wanda Rodriguez Donham Wanda.Donham@lung.org



The Improving Asthma in Ohio Schools project is made possible with support from the Reid Wiley Charitable Foundation.