How to Make the Most of Your Membership Roadmap

- **REGISTER** for an online support community.
- **SIGN UP** for the Lung Action Network to stay updated on the latest ways to share your voice and advocate for policies that will improve lung health and prevent lung disease.
- **CHECK OUT** our upcoming webcasts or find a local Better Breathers Club to connect with others.
- **MOTIVATE** others by becoming a storyteller and share your story or seek inspiration from others.
- **EXPLORE** and bookmark your Better Breathers Network Resource Center.
- **LEARN** about other ways to get involved like attending events or donating to the American Lung Association.