



## **An On-Site Smoking Cessation Program for Your Workplace**

Did you know employers can save an estimated \$3,400 per year for every employee who quits smoking? **Freedom From Smoking**<sup>®</sup> is a **FREE** 8-session program, developed by the American Lung Association, that provides skills and support from a trained facilitator to help tobacco users conquer their addiction.

For more information, contact: