

If you have reviewed the criteria and determined you are at high risk for lung cancer, now is the time to talk with your doctor about lung cancer screening. Give this sheet directly to your doctor and use it to start the conversation about next steps.

**I believe I am at high risk for lung cancer and meet the guidelines set by the U.S. Preventative Services Task Force (USPSTF) or the Centers for Medicare and Medicaid (CMS) for low-dose CT screening.**

- I am between 55 through 80 years old. (Or between 55 and 77 years old if I am on Medicare).
- I have a 30 pack-year history of smoking (this means 1 pack a day for 30 years, 2 packs a day for 15 years, etc.)
- I am a current smoker, or have quit within the last 15 years.

### **Let's talk about the next steps.**

Key points I want to cover:

- Risks vs. benefits
- Total cost and insurance coverage
- Finding a screening facility in my insurance plan's network
- What screening results mean
- What to do after lung cancer screening

**Notes:** \_\_\_\_\_  
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Providers: To learn more about talking with your patients about lung cancer screening, visit the U.S. Preventive Services Task Force site or [SavedByTheScan.org](https://www.savedbythescan.org) for additional resources.