

SAFER CLEANING RECIPES

With just a few basic ingredients, you can create household cleaners that are safe to breathe, nontoxic and eco-friendly.



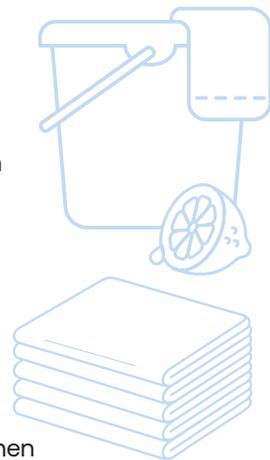
General Purpose Cleaners

All Purpose Cleaning Spray

1 tbsp Castile soap
1 cup warm water

Mix in a spray bottle to clean counters, sinks, stovetops and toilets.

Big job? Add ½ cup pure Castile soap to 1 gallon of hot water. Add ¼ cup of lemon juice for a fresh scent.



Window and Mirror Cleaner

1 part water
2 parts white vinegar

Spray and wipe clean for a streak-free finish.

Drain Cleaner

Pour ½ cup of baking soda down drain, then add ½ cup of white vinegar. Let fizz for 15 minutes. Finish by pouring 1 quart of boiling water down the drain. Repeat if needed.

Kitchen

Dish Soap

1 part liquid Castile soap
10 parts water
Mix together for dish soap.

Kitchen Cleaner

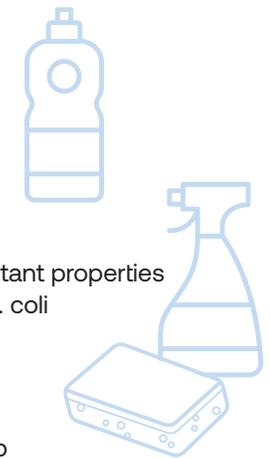
1 part water
1 part white vinegar
This combination creates natural disinfectant properties to kill certain germs like salmonella and E. coli

Stovetop Cleaner

1 part water
1 part white vinegar
Spray on, let sit for 10 minutes, then scrub grease away with soapy water.

Oven Cleaner

1 cup of baking soda
1–2 tbsp water
Mix to create a paste and apply to surfaces. Let stand 15–20 minutes. Use a scouring pad for scrubbing most surfaces.



Laundry Room

Powder Laundry Detergent

5 bars of Castile soap
6 cups washing soda
Cut Castile soap into cubes then put in a food processor, or use cheese grater to make shavings. Mix with washing soda.
Use 2 tbsp of the mixture per wash/load.

Fabric Softener

Add ¼ cup white vinegar to rinse cycle.
(Warning: Never use vinegar and bleach together!)

Static Cling

Use wool dryer balls.



Bathroom

Toilet Bowl Cleaner

Pour 2–3 cups white vinegar in toilet bowl and let sit 3 hours. Scrub with toilet brush and flush.

Scouring Paste

¼ cup baking soda
1 tbsp liquid Castile soap
1 tbsp white vinegar
Make a nice thick paste and scrub.

Baking soda alone on a damp sponge is also effective on most surfaces including showers, tubs and sinks.

