

Source List:

Between March 14, 2020 and June 30, 2020, smoking cessation coverage data were collected for plans available to individuals and families through marketplaces in each state and the District of Columbia. Data were collected through the HealthCare.gov finder site. American Lung Association staff analysts obtained data for each state-specific geographic rating area by entering the appropriate zip code.

The 2008 Public Health Services Clinical Practice Guideline on Treating Tobacco Use and Dependence describes an evidence-based, comprehensive tobacco cessation benefit. Such a benefit includes individual, group and telephone counseling and the seven FDA-approved cessation medications. This report assesses coverage of this comprehensive cessation benefit in state marketplaces, as well as barriers to accessing cessation treatment. The barriers to treatment analyzed in this report included duration limits, annual limits, lifetime limits, cost-sharing, prior authorization, requiring counseling as a prerequisite for receiving medication, stepped-care therapy, dollar limits and tobacco surcharges.

In 2020, 35 states, including the District of Columbia had cessation coverage data available on their state exchange plans. In 2020, 16 states did not have complete information available for healthcare coverage for their exchange enrollees. As a result, these 16 states were not included in this source list.

- Alabama
 - [Blue Cross and Blue Shield of Alabama Drug List](#)
 - [Blue Cross and Blue Shield of Alabama HCP Rider Preventive Services](#)
 - [Blue Cross and Blue Shield ACA Preventive Drug List](#)
 - [Blue Saver Bronze Benefit Booklet](#)
- Alaska
 - [Premera Blue Cross Blue Shield of Alaska M2 Drug List](#)
 - [Premera Blue Cross Blue Shield of Alaska Covered Drugs Finder](#)
 - [Preventive Care Benefits Coverage](#)
 - [Premera Blue Cross Preferred Bronze Benefit Booklet](#)
- Arizona
 - [Blue Cross Blue Shield Formulary for Portfolio and Simple Health Plans](#)
 - [Preventive Care Benefits Coverage](#)
 - [Blue Cross Blue Shield Formulary for EverydayHealth, TrueHealth, and AdvanceHealth](#)
 - [Oscar 2020 Formulary](#)
 - [Cigna 2020 Individual and Family Plans Drug List](#)
 - [Ambetter 2020 Prescription Drug List](#)
 - [Ambetter 2020 Evidence of Coverage](#)
- Arkansas
 - [Blue Cross Blue Shield 2020 Formulary](#)
 - [Blue Cross Blue Shield Preventive Services Coverage Policy](#)
 - [Blue Cross Blue Shield Individual Policy and Schedule of Benefits](#)
 - [Ambetter 2019 Prescription Drug list](#)
 - [Ambetter 2020 Prescription Drug List](#)
 - [Ambetter Evidence of Coverage](#)
- Connecticut
 - [Anthem Drug List](#)
 - [Anthem Schedule of Benefits](#)

- Delaware
 - [Highmark Delaware 2020 Benefit Booklet](#)
 - [Highmark Exchange Formulary 2020](#)
- District of Columbia
 - [Preventive Care Benefits Coverage](#)
 - [CareFirst Exchange Formulary 2020](#)
- Florida
 - [Preventive Care Benefits Coverage](#)
 - [Florida Blue ValueScript Medication Guide 2020](#)
 - [Ambetter 2020 Prescription Drug List](#)
 - [Ambetter 2020 Evidence of Coverage](#)
 - [Florida Blue CareChoices Medication Guide](#)
 - [Health First 2020 Formularies](#)
 - [Health First Certificate of Coverage](#)
 - [Cigna Health Policy Coverage](#)
 - [2020 Cigna Health Drug List](#)
 - [Oscar 2020 Formulary](#)
 - [AvMed 2020 Formulary](#)
 - [AdventHealth 2020 Formularies](#)
 - [AdventHealth Certificate of Coverage](#)
 - [Bright Health Formulary](#)
- Hawaii
 - [Preventive Care Benefits Coverage](#)
 - [HMSA Formulary](#)
 - [Kaiser Marketplace Formulary](#)
 - [Kaiser Health Plans Evidence of Coverage](#)
- Idaho
 - [Preventive Care Benefits Coverage](#)
 - [Blue Cross Idaho Formulary](#)
 - [Regence Drug List](#)
 - [Pacific Source Drug List](#)
 - [SelectHealth Medical Contract Individual Plans](#)
 - [SelectHealth Drug Lists](#)
- Illinois
 - [Cigna 2020 Individual and Family Plans Drug List](#)
 - [Cigna Health Plan Documents](#)
 - [Ambetter 2020 Formulary](#)
 - [Ambetter 2020 Evidence of Coverage](#)
 - [Blue Cross Blue Shield Drug List](#)
 - [Blue Cross Blue Shield Outline of Coverage](#)
 - [Quartz 2020 Formulary](#)
 - [Quartz Covered Preventive Services](#)
 - [HealthAlliance Formulary](#)
 - [Preventive Care Benefits Coverage](#)
- Indiana
 - [CareSource Evidence of Coverage](#)
 - [CareSource Formulary](#)
 - [Anthem Drug List](#)
 - [Anthem Evidence of Coverage](#)
- Iowa
 - [Medica Drug List](#)

- [Medica Individual and Family 2020 Plan Documents](#)
 - [Preventive Care Benefits Coverage](#)
 - [Wellmark Formulary](#)
- Kansas
 - [Preventive Care Benefits Coverage](#)
 - [Kansas Medica Drug List](#)
 - [Blue Cross and Blue Shield Formulary for BlueCare Products](#)
 - [Cigna 2020 Drug List](#)
 - [Cigna Policy Documents](#)
 - [Ambetter Formulary](#)
 - [Ambetter Evidence of Coverage](#)
- Kentucky
 - [Anthem Drug List](#)
 - [Anthem Individual Contract](#)
 - [CareSource Formulary](#)
 - [CareSource Evidence of Coverage](#)
- Louisiana
 - [Blue Cross and Blue Shield, HMO Louisiana Drug List](#)
 - [Preventive Care Benefits Coverage](#)
- Maine
 - [Anthem Drug List](#)
 - [Preventive Care Benefits Coverage](#)
 - [Health Options Formulary](#)
 - [Harvard Pilgrim Drug List](#)
 - [Harvard Pilgrim Benefit Handbook](#)
- Maryland
 - [CareFirst Exchange Formulary](#)
 - [CareFirst Sample Contract](#)
 - [Preventive Care Benefits Coverage](#)
 - [Kaiser Marketplace Formulary](#)
 - [Kaiser 2020 Plan Documents](#)
- Michigan
 - [Blue Cross Blue Shield Drug List](#)
 - [Blue Cross Blue Shield Certificate of Coverage](#)
 - [MeridianChoice Formulary](#)
 - [Preventive Care Benefits Coverage](#)
 - [HAP 2020 Formulary](#)
 - [PriorityHealth Formulary](#)
 - [McLaren Formulary](#)
 - [Oscar 2020 Formulary](#)
 - [Physicians Health Plan Formulary](#)
- Mississippi
 - [Ambetter Formulary](#)
 - [Ambetter Evidence of Coverage](#)
- Montana
 - [Blue Cross Blue Shield Drug List](#)
 - [Blue Cross Blue Shield Individual Contract](#)
 - [PacificSource Drug List](#)
 - [Preventive Care Benefits Coverage](#)
- Nebraska
 - [Preventive Care Benefits Coverage](#)

- [Medica Drug List](#)
- Nevada
 - [Preventive Care Benefits Coverage](#)
 - [Sierra Health and Life Drug List](#)
 - [Anthem Drug List](#)
 - [Anthem Certificate of Coverage](#)
 - [Health Plan of Nevada Drug List](#)
 - [Ambetter Formulary](#)
 - [Ambetter Evidence of Coverage](#)
- New Hampshire
 - [Anthem Drug List](#)
 - [Anthem Individual Health Policy](#)
 - [Harvard Pilgrim Drug List](#)
 - [Harvard Pilgrim Benefit Handbook](#)
- New Jersey
 - [Preventive Care Benefits Coverage](#)
 - [Oscar Formulary](#)
 - [Horizon Blue Cross Blue Shield Formulary](#)
- New Mexico
 - [Preventive Care Benefits Coverage](#)
 - [New Mexico Health Connections Formulary](#)
 - [Blue Cross Blue Shield Drug List](#)
 - [Blue Cross Blue Shield Benefit Handbook](#)
 - [Presbyterian Formulary](#)
 - [Presbyterian Preventive Services](#)
- New York
 - [Fidelis Care Formulary](#)
 - [CDPHP Contract](#)
 - [MVP Health Care Marketplace Formulary](#)
- North Dakota
 - [Preventive Care Benefits Coverage](#)
 - [Sanford Health Plan Formulary](#)
 - [Medica 2020 Individual and Family Plans Documents](#)
 - [Medica Drug List](#)
- South Carolina
 - [Blue Cross Blue Shield Prescription Drug List](#)
 - [Blue Cross Blue Shield Covered Drugs](#)
 - [Blue Cross Blue Shield Quit for Life](#)
 - [Blue Option Covered Drug List](#)
 - [Blue Options Health Coaching for Tobacco-Free Living](#)
 - [Molina Formulary](#)
 - [Molina Smoking Cessation Program](#)
 - [Molina Individual Evidence of Coverage](#)
 - [Bright Health Formulary](#)
 - [Ambetter Formulary](#)
 - [Ambetter Health Management Programs](#)
- South Dakota
 - [Sanford Health Plan Formulary](#)
 - [Preventive Care Benefits Coverage](#)
 - [Avera Formulary](#)
- Tennessee

- [Cigna Individual and Family Plans Drug List](#)
- [Cigna No Cost-Share Preventive Medications](#)
- [Cigna Individual and Family Plans Documents](#)
- [Blue Cross Blue Shield Formulary](#)
- [Preventive Care Benefits Coverage](#)
- [Bright Health Formulary](#)
- [Ambetter Formulary](#)
- [Ambetter Evidence of Coverage](#)
- [Oscar Formulary](#)
- [Oscar Individual Policy](#)
- Texas
 - [Molina 2020 Formulary](#)
 - [Molina Evidence of Coverage](#)
 - [Molina Marketplace Benefits](#)
 - [Sendero Member Handbook](#)
 - [Sendero Evidence of Coverage](#)
 - [Sendero Drug Search Tool](#)
 - [Blue Cross Blue Shield Drug Tier List](#)
 - [Oscar Drug List](#)
 - [Oscar Certificate of Coverage](#)
 - [First Care Drug List](#)
 - [First Care Summary of Coverage](#)
 - [Ambetter Drug List](#)
 - [Preventive Care Benefits Coverage](#)
 - [Community Health Formulary](#)
 - [Community Health Member Handbook](#)
 - [Community Health Exchange of Coverage](#)
 - [Christus Summary of Benefits](#)
 - [Christus Evidence of Coverage](#)
 - [Christus Exchange Formulary](#)
- Utah
 - [SelectHealth Individual Plans Brochure](#)
 - [SelectHealth Preventive Care Documents](#)
 - [Select Health Individual Contract](#)
 - [SelectHealth Drug Look Up Tool](#)
 - [Regence Drug List](#)
 - [Regence Individual Policy](#)
 - [Bridgespan Individual Contract](#)
 - [Bridgespan Formulary](#)
 - [Cigna Individual Contract](#)
 - [Cigna Formulary](#)
 - [Cigna No Cost Share Preventive Medications](#)
- Vermont
 - [Blue Cross Preventive Medications](#)
 - [Blue Cross Preventive Items and Services Coverage](#)
 - [Blue Cross Rewards Certificate of Coverage](#)
 - [Cost sharing information](#)
 - [MVP Health Care Formulary](#)
- Virginia
 - [Anthem Formulary](#)
 - [Anthem Individual Evidence of Coverage](#)

- [Piedmont Formulary](#)
- [Preventive Care Benefits Coverage](#)
- [Cigna Individual and Family Plans Formulary](#)
- [Cigna Individual and Family Plans Documents](#)
- [Virginia Premier 2020 Formulary](#)
- [Virginia Premier Evidence of Coverage](#)
- [Kaiser Exchange Formulary](#)
- [Kaiser 2020 Individual and Family Plan Documents](#)