

How to Use This Worksheet

- 1) Review the treatment goals portion on the next page before your appointment. Spend some time thinking about what is most important to you.
- 2) Ask your doctor to complete the worksheet with you. This will lead to important conversations and understanding about your treatment plan. Try to bring a friend or loved one with you who can take notes.
- 3) Use the questions below as conversation starters.

TREATMENT OPTION

- How is this treatment given, and how often?
- What schedule of medical appointments would I have on this treatment and what would they include (blood draws, tests, scans, etc.)?
- What other treatments are available for patients with my condition?

TREATMENT GOAL

- How effective is this treatment?
- What percentage of patients typically respond to it?
- How long might the response last?
- How can I expect my cancer will respond to the treatment?

SIDE EFFECTS

- What are the most common side effects of this treatment?
- What are potentially severe side effects on this treatment, and how many patients experience them?

- 4) When you are thinking about pros and cons you might also want to ask these questions:
 - How might this treatment impact my home and work life? (e.g., travel assistance, frequency of doctor visits, at-home support, tasks I won't be able to do at home, time away from work)
 - How much might this treatment cost me?
- 5) Ask for support as you review the information. Find out if there is a nurse navigator or patient advocate where you are being treated who can help you digest all of the information.
- 6) Work with your team to fill out the My Lung Cancer Treatment Plan page of this document before you begin treatment.

This educational resource was made possible thanks to the support of Lilly Oncology.

My Lung Cancer

Type: _____

Stage: _____

Molecular markers: _____

Any other health issues: _____

My Treatment Goals

- _____
- _____

Help your doctor understand your treatment preferences by circling what is most important to you during your lung cancer treatment:

- 1) Curing or controlling my cancer at any cost
- 2) Maintaining a good quality of life
- 3) Finding a balance between feeling the best I can and fighting my cancer

TREATMENT OPTION	GOAL OF THIS TREATMENT OPTION	POSSIBLE SIDE EFFECTS	PROS	CONS

TREATMENT OPTION	GOAL OF THIS TREATMENT OPTION	POSSIBLE SIDE EFFECTS	PROS	CONS

This educational resource was made possible thanks to the support of Lilly Oncology.

My Plan

DATE	
TREATMENT PLAN	
SCHEDULE	
WHO TO CONTACT WITH QUESTIONS/ CONCERNS	
RESOURCES	

Notes/Questions: _____

This educational resource was made possible thanks to the support of Lilly Oncology.