



8:00	WELCOME/REVIEW OF THE DAY	Course Objectives <i>At the conclusion of each lesson, participants will be able to:</i> <ol style="list-style-type: none"> 1. Explain the use of all medication delivery devices 2. Demonstrate the use of spacing devices 3. Demonstrate relaxation exercises, belly breathing and pursed lip breathing 4. Demonstrate the use of peak flow meters
8:15	Asthma Medicine Devices & Demonstration	
15-MINUTE BREAK AT 10:15		
10:30	Asthma Management: Pharmacological Therapy	<ol style="list-style-type: none"> 1. Explain asthma classification schemes 2. Understand the stepwise approach to asthma therapy 3. List asthma medications and delivery devices 4. Recognize new, complementary and alternative therapies
ONE HOUR LUNCH AT 12:00		
1:00	Barriers to Adherence & Compliance: Behavioral, Cultural & Other Challenges	<ol style="list-style-type: none"> 1. Assess the needs and identify issues that contribute/ inhibit asthma management, including: educational, socioeconomic, psychological, cultural, behavioral and environmental factors. 2. Identify strategies to address these barriers.
15-MINUTE BREAK AT 2:00		
2:15	Asthma Action Plan: Management Plan Development	<ol style="list-style-type: none"> 1. Identify the components of an Asthma Action Plans and asthma diaries 2. Complete an Asthma Action Plan 3. Monitor the effectiveness of Asthma Action Plans and steps to revise them 4. Teach patients to use their Asthma Action Plan
15-MINUTE BREAK AT 3:45		
4:00	Your Role As an Asthma Educator: Professional Issues/Professional Practices	<ol style="list-style-type: none"> 1. Conduct a health education evaluation 2. Make referrals 3. Utilize professional networking
4:15	Exam Preparation	<ol style="list-style-type: none"> 1. Determine eligibility to sit for the NAECB exam 2. List the NAECB exam logistical details 3. Identify NAECB exam categories 4. Recognize the anatomy of NAECB exam questions 5. Apply test taking tips 6. Use CPT Codes and Reimbursement
4:45	POST-TEST/EVALUATION	

The American Lung Association Asthma Educator Institute™ is taught by American Lung Association volunteers, such as: AE-Cs, RNs, RTs, or MDs. If you are interested becoming a presenter for this course or if you are interested in hosting an Asthma Educator Institute for your organization, please contact your local office.