

Is the Air You're Breathing Safe?

Schedule a **FREE** Healthy Home Check-Up Today

The quality of the air we breathe affects all of us.



The average person spends approximately **90%** of his or her time indoors.




Indoor air quality can be up to **5 times** more polluted than outdoor air.

Do you have questions or concerns about:

- Mold/Moisture
- Asthma
- Dust
- Allergies
- Home Chemicals
- Smoke
- Lead
- Indoor Air Quality

Schedule a **FREE** Healthy Home Check-Up Today

 Call us at **(206) 512-3280**

 Email us at **mhe@lung.org**

 Visit **wamhe.org** to sign up online

Please note that we do not do any cleaning OR testing of any kind.

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