

Freedom From Smoking - 2016

A 6 Session Class

Facilitated by a Certified Tobacco Treatment Specialist

6:00pm-7:30pm

Tues, January 12
Tues, January 19
Tues, January 26
Tues, February 2
Tues, February 9
Tues, February 16

Tues, April 12
Tues, April 19
Tues, April 26
Tues, May 3
Tues, May 10
Tues, May 17

Tues, August 9
Tues, August 16
Tues, August 23
Tues, August 30
Tues, September 6
Tues, September 13

Tues, October 11
Tues, October 18
Tues, October 25
Tues, November 1
Tues, November 8
Tues, November 15

Classes will be in the Respiratory Services Conference Room at Main Campus

For information: (419) 557-6151 or tobaccofree@firelands.com

There is no charge for this class