

YOGA FOR PULMONARY AND CARDIAC PATIENTS



Deborah A. Smith, RYT-500

Yoga instructor (Satyananda)

**WHERE: University Hospitals
Chagrin Highlands Health Center
3909 Orange Place
Orange Village, Ohio 44122
Suite 3300 Rehabilitation room**

WHEN:

4:15-5:00

6 week cycle STARTING APRIL 19, 2016.

**COST: \$45.00 for 6 sessions (bring cash or check
to first class) – checks to be made out to Deborah
Smith, RYT**

**PLEASE CALL Bob at 216-983-4903
for reservations and details.**