

# COPD Resources for Healthcare and Public Health Professionals



COPD is a leading cause of disability and death in the U.S. It is often underdiagnosed or diagnosed at advanced stages, but when treated in the early stages options exist that can decrease the rate of decline in lung function and improve quality of life. Find these courses and more under the Expand Your Knowledge section on Lung.org/HCP-COPD.

## **American Lung Association Courses and Trainings**

#### **COPD Overview Online Module**

This one-hour, on-demand program will review evidence-based guidelines to improve care for patients with COPD. Continuing education credits may be available.

#### **COPD Basics**

This one-hour, two-part interactive online program helps people understand COPD including risk factors, treatment options, managing exacerbations, and more. Continuing education credits are available.

#### **COPD Educator Course**

This three-day, 14-hour professional development, live-streamed course provides professionals with practical skills and knowledge to improve quality of care to patients with COPD. Continuing education credits are available. An on-demand version of this training is also available.

#### **Better Breathers Club**

Become a Better Breathers Club facilitator and lead in-person or virtual support group meetings that provide education and networking opportunities for adults living with chronic lung disease like COPD.

#### Ask, Advise, Refer to Quit, Don't Switch

This on-demand training is based on CDC's Ask, Advise, Refer brief intervention module. Continuing education credits are available.

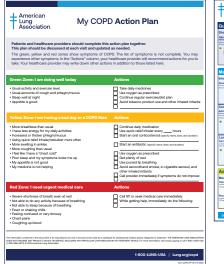
### Freedom From Smoking®

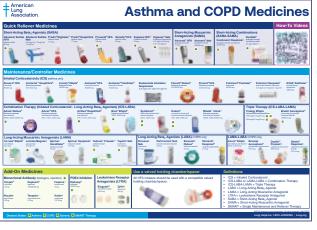
Become a Freedom From Smoking® facilitator and lead engaging, effective group tobacco cessation clinics in communities nationwide.

## **Spirometry Trainings**

Explore trainings, resources, and case studies about how to conduct and interpret spirometry results.

# Download and print free patient-focused educational resources on COPD diagnosis and management.







Access training programs and patient resources at <u>Lung.org/HCP-COPD</u>.

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