

- ▼ Physicians
- ▼ Physician Assistants
- ▼ Pharmacists and  
Pharmacy Technicians
- ▼ Nurses
- ▼ Dietitians
- ▼ Social Workers

- ▼ Case Managers
- ▼ Respiratory Therapists
- ▼ Radiologic Technologists
- ▼ Clinical Laboratory  
Practitioners
- ▼ Long Term Care  
Administrators
- ▼ Central Service Techs

- ▼ Rehab Therapists
- ▼ Surgical Techs
- ▼ CASACs
- ▼ Medical Records  
Coders
- ▼ Paramedics and EMTs
- ▼ Other Professionals

**1199SEIU TRAINING AND EMPLOYMENT FUNDS**  
INSTITUTE FOR CONTINUING EDUCATION

A Six-Hour Interdisciplinary Program

# Cystic Fibrosis



**1199SEIU**  
**1199SEIU TRAINING AND EMPLOYMENT FUNDS**

INSTITUTE FOR CONTINUING EDUCATION  
330 WEST 42ND STREET, 2ND FLOOR  
NEW YORK, N.Y. 10036

**1199SEIU**  
United Healthcare Workers East

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## Cystic Fibrosis

A Six-Hour Interdisciplinary Program



# Cystic Fibrosis

A Six-Hour Interdisciplinary Program

**Saturday, March 3, 2012**

**7:45am – 3:30pm (EST)**

► **LIVE Videocast**

**Long Island Jewish  
Medical Center**

The Phyllis and Joseph Curwin  
Teaching and Education Center  
270-05 76th Avenue  
New Hyde Park, NY

► **Onsite**

**Times Center**

242 West 41st Street  
(Between 7th and 8th Avenues)  
Times Square, New York City

► **Live Webcast  
(Internet)**

[www.I199SEIUBenefits.org/Institute](http://www.I199SEIUBenefits.org/Institute)

**North Shore Medical Center  
Union Hospital**

500 Lynnfield Street  
Lynn, MA

**I199SEIU Boston Office**

150 Mt. Vernon Street  
Dorchester, MA



The Institute for Continuing Education of the 1199SEIU League Training and Upgrading Fund;  
1199SEIU United Healthcare Workers East Professional and Technical Department;  
American Lung Association in New York  
present

# Cystic Fibrosis

A Six-Hour Interdisciplinary Program

Saturday, March 3, 2012 ♦ 7:45am – 3:30pm (EST)

▶ **Onsite The Times Center** 242 West 41st Street (Between 7th & 8th Avenues), New York, NY 10018  
Travel Directions By Subway: A, C, E, N, Q, R, W, 1, 2, 3 or 7 to 42nd Street – Times Square

## ▶ Live Videocast

▶ **Long Island Jewish Medical Center, The Phyllis and Joseph Gurwin Teaching and Education Center**  
270-05 76th Avenue, New Hyde Park, NY 11042

### Travel Directions


- ♦ Long Island Expressway – Eastbound: Exit 33 – Lakeville Road. From service road, right turn onto Lakeville Road. Proceed south approximately one mile to LIJ complex entrance on right.
- ♦ Long Island Expressway – Westbound: Exit 33 – Lakeville Road. Proceed on service road to second traffic light. Left turn onto Lakeville Rd. and under Expressway trestle. Proceed approximately one mile south to LIJ complex entrance on right.
- ♦ Grand Central –Northern State Parkway – Eastbound: Exit 25 – Lakeville Road, turn right onto Marcus Ave. Proceed to traffic light. Turn left onto Lakeville Rd. Entrance to complex is at 2nd traffic light on right side.
- ♦ Grand Central – Northern State Parkway – Westbound: Exit 25S – Lakeville Road, to the 3rd traffic light. Entrance on right.

▶ **North Shore Medical Center Union Hospital** 500 Lynnfield Street, Lynn, MA

▶ **1199SEIU Boston Office** 150 Mt. Vernon Street, Dorchester, MA

▶ **Live Webcast:** [www.1199SEIUBenefits.org/Institute](http://www.1199SEIUBenefits.org/Institute)

### ACCREDITATION

 **Pharmacists and Pharmacy Technicians:** The New York Council of Health-system Pharmacists is approved by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This program is approved for six (6) contact hours (0.6 CEUs) for pharmacists and pharmacy technicians. Program Type: Knowledge.

ACPE Numbers: Pharmacists: 0134-0000-12-062-L01-P  
Pharmacy Technicians: 0134-0000-12-062-L01-T

**Physician Assistants:** An application has been submitted to the American Academy of Physician Assistants (AAPA) for credits.

**Nurses:** This course has been approved for six (6) contact hours by California Board of Registered Nursing Provider Number CEP13533, Approval Code CEP13533-1199-12-2.

**Social Workers:** An application has been submitted to NASW-New York State for six (6) contact hours.

**Dietitians and Dietetic Technicians:** This course has been approved by the American Dietetic Association for six (6) continuing education units.

**Clinical Laboratory Practitioners:** This continuing medical laboratory education activity is recognized by the American Society for Clinical Pathology as meeting the criteria for six (6) hours of credit.

**Case Managers (CCM):** This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs). Approval number: 790005961

**CASACs:** An application has been submitted to the New York State Office of Alcoholism and Substance Abuse Services for six (6) clock hours.

**Medical Records Coders:** An application has been submitted to the American Health Information Management Association (AHIMA) for six (6) CEUs.

**Paramedics/EMTs/EMS:** An application has been submitted to the Regional Emergency Medical Services Council of New York City for six (6) CME credits.

**Respiratory Therapists:** An application has been submitted to the American Association for Respiratory Care (AARC) for accreditation.

**Radiological Technologists:** An application has been submitted to the American Society of Radiologic Technologists (ASRT) for continuing education credits.

**Rehab Therapists (OT/PT):** An application has been submitted to the American Occupational Therapy Association for Occupational Therapists and Occupational Therapy Assistants and the New York State Education Department for Physical Therapists and Physical Therapy Assistants for contact hours.

All other professionals will receive certificates of attendance.

Please check with your accrediting board with respect to receiving credit for this program.



Clinical Laboratory Practitioners  
Dietitians  
Licensed Practical Nurses  
Pharmacists

Pharmacy Techs  
Social Workers  
Surgical Techs  
Rehab Therapists

Central Sterile Techs  
Physician Assistants  
Radiologic  
Technologists

Respiratory Therapists  
CASACs  
Hospital EMS  
Medical Records Coders

**1199SEIU**  
United Healthcare Workers East

(212) 894-4390 ♦ E-mail: [Institute@1199Funds.org](mailto:Institute@1199Funds.org) ♦ [www.1199SEIUBenefits.org/Institute](http://www.1199SEIUBenefits.org/Institute)

# PROGRAM and LEARNING OBJECTIVES

**Moderator: Leslie Hazle, MS, RN, CPN, Director of Patient Resources, Cystic Fibrosis Foundation, Bethesda, MD.**

**7:45am REGISTRATION and LIGHT BREAKFAST**

**8:20am Welcome and Introductory Remarks**

**8:30am Overview: Defining Cystic Fibrosis**

Emily DiMango, MD

Pathophysiology of Cystic Fibrosis, including diagnostic testing. Signs, symptoms and basic tenets of Cystic Fibrosis.

**9:20am Clearing the Airways and Chronic Pulmonary Management**

Lisa Monchil, RRT, CCRC

Cystic Fibrosis Foundation Pulmonary Guidelines on the use of Airway Clearance Therapies (ACT) in patients with Cystic Fibrosis. Cystic Fibrosis Foundation Guidelines on the use of chronic medications for maintenance of lung health. Mechanical and pharmacological components of ACT. Barriers to patient adherence and strategies to overcome barriers. Administration of daily therapy in patients with Cystic Fibrosis.

**10:20am Nutrition and Eating Right**

Kimberly Altman, MS, RD, CSP, CDN

The correlation between nutrition status and lung function/long-term outcomes. Altered nutrition requirements in Cystic Fibrosis. Increased/altered nutrition needs for Cystic Fibrosis to maintain optimal nutrition status.

**11:00am Panel Discussion – “Maintaining a High Quality of Daily Living”**

Panelists: Emily DiMango, MD; Lisa Monchil, RRT, CCRC and Kimberly Altman, MS, RD, CSP, CDN.

**11:30am LUNCH BREAK**

**12:30pm Pulmonary Exacerbations: Diagnostic**

Robert L. Zanni, MD, CPI

The definition of pulmonary exacerbation as it applies to Cystic Fibrosis and its impact on the health of individuals. Review the Cystic Fibrosis Foundation's registry data regarding exacerbation rates in the United States. The various laboratory and clinical data used to define pulmonary exacerbation in patients with Cystic Fibrosis.

**1:10pm Pulmonary Exacerbations: Treatment**

Clement L. Ren, MD

The fundamental components of treatment of a Cystic Fibrosis pulmonary exacerbation. Infection control measures that should be applied to patients hospitalized with Cystic Fibrosis pulmonary exacerbations. Assessing patients' response to treatment of Cystic Fibrosis pulmonary exacerbations.

**1:50pm Pulmonary Exacerbations: Discharge Planning**

Paula Lomas, MAS, RN, CCRP

Microsystems involved for discharge planning of the hospitalized Cystic Fibrosis patient after pulmonary exacerbation. Design comprehensive discharge plan appropriate to organization. Formulate discharge plans throughout the transitions of life for the Cystic Fibrosis patient.

**2:20pm Emotional and Care Giver Support**

Kerryann Silvestri, MSW, LSW

The impact of Cystic Fibrosis on developmental milestones. The needs of children/ individuals with Cystic Fibrosis in order to live normal lives. Identify ways medical professionals can support caregivers of individuals with Cystic Fibrosis.

**3:00pm Pulling it All Together**

Leslie Hazle, MS, RN, CPN

Identify the roles of different healthcare professionals caring for a person with Cystic Fibrosis. Resources related to Cystic Fibrosis available for healthcare professionals.

**3:30pm PARTICIPANTS SUBMIT EVALUATIONS**

## PRESENTERS

**Kimberly Altman, MS, RD, CSP, CDN**, CF Nutritionist, New York Presbyterian, Morgan Stanley Children's Hospital, NYC.

**Emily DiMango, MD**, Director, Adult Cystic Fibrosis Program, Columbia University Medical Center; Assistant Attending Physician, Columbia Presbyterian Medical Center; Assistant Attending Physician, Harlem Hospital Center; Associate Professor of Clinical Medicine, Columbia University, College of Physicians and Surgeons, NYC.

**Leslie Hazle, MS, RN, CPN**, Director of Patient Resources, Cystic Fibrosis Foundation, Bethesda, MD.

**Paula Lomas, MAS, RN, CCRP**, Nurse Coordinator, Adult Cystic Fibrosis Center, Morristown Medical Center, Morristown, NJ.

**Lisa Monchil, RRT, CCRC**, Respiratory Therapist and Research Coordinator, Armond V. Mascia MD Cystic Fibrosis Center and Maria Fareri Children's Hospital at Westchester Medical Center, Valhalla, NY.

**Clement L. Ren, MD**, Chief, Division of Pediatric Pulmonology; Co-Director, Cystic Fibrosis Center, Golisano Children's Hospital at Strong; Associate Professor of Pediatrics, University of Rochester School of Medicine and Dentistry, Rochester, NY.

**Kerryann Silvestri, MSW, LSW**, Hospice Social Worker, Visiting Nurse Association of Central Jersey Hospice Program, Tinton Falls, NJ; Cystic Fibrosis Social Worker, Cystic Fibrosis Center, Monmouth Medical Center, Long Branch, NJ.

**Robert L. Zanni, MD, CPI**, Director, Pediatric Pulmonary Medicine; Director, Cystic Fibrosis Center; The Children's Hospital at Monmouth Medical Center, Long Branch, NJ.

# Cystic Fibrosis

Saturday, March 3, 2012 ♦ 7:45am – 3:30pm (EST)

## 1199SEIU MEMBERS

**FREE** for 1199SEIU members (Northeast Region) if you have been a part-time (at least three-fifths of a regular work week) or full-time employee for at least one year AND your employer contributes to the 1199SEIU Training and Upgrading Fund.  
**FREE** for HHC 1199SEIU members (Pharmacists, Dietitians, Laboratory Techs, and LPNs).

### CHOOSE One

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**Live Videocast** (fill out registration form below)

#### CHOOSE ONE

##### Non Members:

- \$45 Module A only
- \$45 Module B only
- \$80 for both Module A and Module B

Please make check or money order payable to:  
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#### CHOOSE ONE PROGRAM ONLY

- Module A**—7:45am – 11:30am (3 Hours)  
(7:45am registration)
- Module B**—12:30pm – 3:30pm (3 Hours)  
(12:00pm registration)
- Modules A and B**—7:45am – 3:30pm (6 hours)  
(7:45am registration)

#### Refund and Cancellation Policy for Onsite and Videocast Programs

Registrants canceling must do so at least 48 hours before the program date to avoid a penalty. To cancel, contact the Institute by fax (212-643-8795), telephone (212-894-4390) or e-mail [institute@1199funds.org](mailto:institute@1199funds.org).

### Live Webcast

Webcast registration is available online at  
[www.1199SEIUBenefits.org/Institute](http://www.1199SEIUBenefits.org/Institute)

The registration deadline for the webcast is  
**5:00 p.m. (EST) on Friday, March 2, 2012.**

	MODULE A	MODULE B
LOG-ON TIME	7:45am EST	12:00pm EST
START TIME	8:20am EST	12:30pm EST

#### Cost: Same as Videocast

#### System Requirements

 Viewers are required to have a:

- ▲ Broadband cable, DSL or High-speed Internet connection
- ▲ Pentium III 600 MHz computer or higher
- ▲ 128 MB RAM (minimum); 256 MB suggested
- ▲ Internet Explorer 6.0 or higher
- ▲ Macromedia Flash Player 7 or greater
- ▲ Sound card and speakers

**FOR TECHNICAL SUPPORT ONLY** including information on how to view the webcast, contact our web host provider at [techsupport@stream57.com](mailto:techsupport@stream57.com) or call toll free (877) 843-9272.

**FOR QUESTIONS NOT RELATED TO TECHNICAL SUPPORT** contact the 1199SEIU Training and Upgrading Fund office at (212) 494-0511 or email us at [Institute@1199Funds.org](mailto:Institute@1199Funds.org).

## Registration Form

030312

PLEASE PRINT CLEARLY. THE INFORMATION PROVIDED IS KEPT CONFIDENTIAL.

First Name  Last Name

SS# (Required)  -  -  Gender:  Male  Female Date of Birth  /  /

E-mail  Annual Salary

Telephone Home (  )  -  Mobile (  )  -

Telephone Work (  )  -  Fax (  )  -

Home Address

City  State  ZIP

Employer  Job Title

FAX your Registration Form to (212) 643-8795 or mail to:

**1199SEIU Training and Upgrading Fund/Institute, P.O. Box 1016, New York, NY 10108.**

For further information call (212) 494-0511 or email [Institute@1199Funds.org](mailto:Institute@1199Funds.org).

# INSTITUTE FOR CONTINUING EDUCATION

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## 2012 SCHEDULE OF PROGRAMS

DATE	PROGRAM	HRS.	VENUE / MODE OF DELIVERY
<b>WINTER / SPRING 2012</b>			
Saturday, January 28 8:45am – 4:30pm (EST)	AIDS at “30” Evolution of an Epidemic <i>(Interdisciplinary Program)</i>	6	The Times Center, 242 W. 41st Street (Btwn 7th & 8th Aves.), NYC —Onsite, Live Videocast, Live Webcast (Internet)—
Saturday, March 3 7:45am – 3:30pm (EST)	Cystic Fibrosis <i>(Interdisciplinary Program)</i>	6	The Times Center, 242 W. 41st Street (Btwn 7th & 8th Aves.), NYC —Onsite and Live Webcast (Internet)—
Saturday, March 17 9:00am – 5:00pm (EST)	Renal Nutrition and Effective Nutritional Counseling <i>(Dietitians)</i>	6	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite Only—
Wednesday, March 21 5:30pm – 9:00pm (EST)	Let’s Talk About Sex! “Sexuality and Social Issues” <i>(Social Workers)</i>	3	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite Only—
Wednesday, April 4 8:45am – 4:30pm (EST)	Geriatric Care: The “Modern Elderly” <i>(Interdisciplinary Program)</i>	6	The Times Center, 242 W. 41st Street (Btwn 7th & 8th Aves.), NYC —Onsite Only—
Sunday, April 29 7:45am – 3:30pm (EST)	The Laboratory’s Role in Modern Science <i>(Laboratory Technologists)</i>	6	Gerald W. Lynch Theater at John Jay College, 524 W. 59th Street (Btwn 10th & 11th Aves.), NYC —Onsite Only—
Saturday, May 12 8:45am – 4:30pm (EST)	5th Annual Cancer Symposium: New Treatments <i>(Interdisciplinary Program)</i>	6	The Times Center, 242 W. 41st Street (Btwn 7th & 8th Aves.), NYC —Onsite, Live Videocast, Live Webcast (Internet)—
Wednesday, May 16 5:30pm – 9:00pm (EST)	Leadership, Management and Professional Practice for the LPN <i>(LPNs)</i>	3	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite Only—
Sunday, June 3 7:45am – 3:30pm (EST)	Mental Disorders <i>(Interdisciplinary Program)</i>	6	Gerald W. Lynch Theater at John Jay College, 524 W. 59th Street (Btwn 10th & 11th Aves.), NYC —Onsite, Live Videocast, Live Webcast (Internet)—
<b>SUMMER 2012</b>			
Saturday, July 14 8:45am – 2:00pm (EST)	Legal Issues: New Health Care Laws on Practice <i>(Interdisciplinary Program)</i>	4	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite, Live Videocast, Live Webcast (Internet)—
<b>FALL 2012</b>			
Tuesday, September 18 5:30pm – 9:00pm (EST)	TBD <i>(CASACs)</i>	3	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite Only—
Wednesday, September 19 5:30pm – 9:00pm (EST)	TBD <i>(Rehab Therapists)</i>	3	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite Only—
Saturday, September 29 7:45am – 3:30pm (EST)	Chronic Pain Management <i>(Interdisciplinary Program)</i>	6	The Times Center, 242 W. 41st Street (Btwn 7th & 8th Aves.), NYC —Onsite, Live Videocast, Live Webcast (Internet)—
Saturday, October 6 7:45am – 3:30pm (EST)	TBD <i>(Surgical Technologists/CSPD)</i>	6	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite Only—
Wednesday, October 17 5:30pm – 9:00pm (EST)	TBD <i>(Respiratory Therapists)</i>	3	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite Only—
Saturday, October 20 7:45am – 3:30pm (EST)	TBD <i>(Pharmacists/Pharmacy Techs)</i>	6	The Times Center, 242 W. 41st Street (Btwn 7th & 8th Aves.), NYC —Onsite, Live Videocast, Live Webcast (Internet)—
Friday, October 26 7:45am – 3:30pm (EST)	6th Annual Heart Disease Symposium: African American and Indigenous Populations <i>(Interdisciplinary Program)</i>	6	The Times Center, 242 W. 41st Street (Btwn 7th & 8th Aves.), NYC —Onsite, Live Videocast, Live Webcast (Internet)—
Thursday, November 8 5:30pm – 9:00pm (EST)	TBD <i>(Imaging Techs)</i>	3	Cherkasky/Davis Conference Center, 330 W. 42nd Street (Btwn 8th & 9th Aves.), NYC —Onsite Only—
Saturday, December 1 8:45am – 4:30pm (EST)	Physical and Mental Stress Management in the Health Care Work Environment <i>(Interdisciplinary Program)</i>	6	The Times Center, 242 W. 41st Street (Btwn 7th & 8th Aves.), NYC —Onsite, Live Videocast, Live Webcast (Internet)—