



CAMP SUPERKIDS

a camp for kids with asthma

AMERICAN LUNG ASSOCIATION[®]
IN MINNESOTA

JUNE 24-29, 2012

Sponsored by:

MEDICA **MHP**[®]

PrimeWest
WHEALTH **Care**

Camp Superkids is an educational and fun summer camp where children with asthma learn to better manage and control their disease.

Who can attend?

Any child, age 7-15, who has seasonal, moderate, or severe asthma.

About asthma camp

The objective of Camp Superkids is to improve the physical condition and psychological outlook of children with asthma and to educate campers and their families how to best manage their care.



Camp Staff

Highly skilled, doctors, nurses, pharmacists, respiratory therapists, practitioners, counselors, and program leaders provide medical supervision and instruction at Camp Superkids 24-hours-a-day.



AGES: 7-15

DATES: June 24 – 29, 2012

COST PER CAMPER: \$495
(camperships and payment options available)

LOCATION: YMCA Camp Ihduhapi,
Loretto, MN

DEADLINE: June 8, 2012

Junior Leaders

This program is a special leadership opportunity for campers, ages 14-15 with asthma, during the week of Camp Superkids. Junior Leaders do leadership and team building activities early in the week and then become counselor aides for the rest of the week. There are limited Junior Leader spots available; priority will be given to previous campers.

Recreational Activities

Campers enjoy swimming, canoeing, kayaking, waterskiing, ropes courses, arts & crafts, all-camp games, fishing, and more...



How do I register?

1. Complete the Camp Application and mail it to American Lung Association in Minnesota. Application is subject to approval by medical board.
2. An **information packet** will be sent to you which will include Camper Health Forms that the child's doctor and parent and/or guardian will need to complete and return.
3. Return all Camper Health Forms by June 8, 2012.

“Camp really gave him independence. He learned more about his asthma at camp than the short amount of time allotted in the doctor's office.”

—Camper's Mom

Payment Options

Please select your payment choice on the Camp Application. Payment options include:

- Credit card or check payment in full
- Installment plan (\$250 now and \$245 on June 8, 2012)
- Health Plan Coverage:
 - Medica ChoiceCare
 - Medica MinnesotaCare
 - Metropolitan Health Plan (MHP)
 - PrimeWest Health
 - UCare
- Apply for need-based financial campership
 - Please send 2010 or 2011 IRS tax form 1040/1040EZ OR letter showing free or reduced school meal program.

The Asthma Camp Experience

- During asthma education sessions, campers learn about their asthma, their triggers, how to avoid an exacerbation, and how to better manage their asthma.
- Campers learn the difference between medications taken to prevent an attack and medications taken to stop an attack.



- Throughout the week, campers learn about their asthma in a welcoming environment while making friends with kids just like them!
- The American Lung Association in Minnesota provides support for families of children with asthma. Our Lung HelpLine provides year-round support to answer questions free of charge. Call 1-800-LUNG-USA.

“Camp helped me to be able to act like a kid, with fewer constraints, and not like a kid with asthma. It really helped me have fun outdoors! Now as an adult, I realize that camp helped open up new horizons in my life, enabling me to accomplish much more, both personally and professionally.”

—Jeffrey, past camper



Not just a few days in the summer...

All campers will go home with an Asthma Action Plan specifically designed to fit their individual health needs.

Campers will have their own Facebook group to keep in touch with staff, volunteers, and their peers to share the asthma camp experience year-round. Go to www.facebook.com and search for Camp Superkids!

Need more information?

CONTACT: Cynthia Isaacson
cynthia.isaacson@lungmn.org
651-268-7587 • 651-227-8014
www.lungmn.org

Camp Application

Camper Name _____

Parent/Guardian Name(s) _____

Address _____

City _____ State _____ Zip _____

Male Female Date of Birth ____ / ____ / ____

Age at Camp _____ Grade in Fall 2012 _____

Home Phone (_____) _____

Cell Phone (_____) _____

E-mail _____

PAYMENT

- Payment in full
 - Check enclosed
 - Please process credit card information below
- Installment Plan (\$250 now and \$245 on June 8, 2012)
 - Check enclosed for first half; please bill for second half
 - Credit card payment for first half; please bill for second half
 - Process credit card now, and again on June 8, 2012
- Health Plan Coverage:
 - Medica ChoiceCare ID # _____
 - Medica MinnesotaCare ID #59- _____
 - Metropolitan Health Plan (MHP) ID # _____
 - PrimeWest Health ID # _____
 - UCare ID # _____
- Apply for need-based financial campership (you will be notified by mail if you have been selected for a full or partial campership)
 - 2010 or 2011 IRS tax form 1040/1040EZ enclosed, OR
 - Free or reduced school meal program letter enclosed
- Cardit Card:
 - MasterCard Visa Discover AMEX

Card # _____ - _____ - _____ - _____

Exp. Date _____ CVV _____

Cardholder's Signature _____

Signature _____ Date _____

MAIL REGISTRATION FORM, PAYMENT AND ATTACHMENTS TO:

American Lung Association in Minnesota
c/o Camp Superkids
490 Concordia Ave
St. Paul, MN 55103
Fax: 651-227-5459