

REACH THE PEAK

5TH ANNUAL ASTHMA EDUCATOR-CERTIFIED (AE-C) PREP COURSE

April 12-13, 2012

Children's Hospital Colorado
Anschutz Medical Campus
Aurora, CO

Co-Provided by:



COLORADO
ASTHMA COALITION



Children's Hospital Colorado



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2012 REACH THE PEAK ASTHMA SEMINAR AND ASTHMA EDUCATOR-CERTIFIED (AE-C) PREP COURSE

Overview and Program Description

Reach the Peak is not a typical AE-C Prep Course! Facilitated by leading experts in their field, Reach the Peak incorporates problem-based learning methods with a combination of lecture, small group case scenarios, hands-on device technique, networking and practice improvement strategizing. Each participant will receive an Asthma Toolkit that includes asthma medication trainers, devices, a resource notebook with CD and an instructional asthma device DVD, all designed to improve asthma management in the practice setting. Target audience includes mid-level providers, nurses, respiratory therapists, pharmacists, clinical social workers, certified health educators and other asthma care professionals. Participants must attend both days.

Reach the Peak provides comprehensive preparation for the National Asthma Educator Certification Board (NAECB) AE-C exam, with a curriculum based upon the AE-C exam matrix. Strategies include test-taking tips by an adult education specialist and an interactive AE-C practice exam that provides comprehensive preparation for participants.

Objectives

Upon completion of this seminar, participants should be able to:

- Describe the pathophysiology of and contributing factors to the asthma condition.
- Conduct a patient and family assessment addressing the medical history, objective measures of asthma severity and educational needs.
- Develop an Asthma Action Plan that includes prescribed medications and behavioral and environmental modifications.
- Integrate newly acquired knowledge into clinical practice.
- Define program outcomes.
- Develop a network of referrals.
- Identify the date and register to take the AE-C certification exam, if goal is to obtain AE-C credential.

Further Information

For questions or to request arrangements to accommodate a disability, contact Heather Christensen, Conference Coordinator, at (720) 777-4444 or heather.christensen@childrenscolorado.org in advance of the conference.

Continuing Education Credit

Nursing: Children's Hospital Colorado is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This educational offering for 15.75 nursing contact hours is provided by Children's Hospital Colorado. A certificate of attendance will be available at the end of the conference upon completion of the evaluation.

Respiratory Care: Application has been made to the American Association for Respiratory Care (AARC) for continuing education credit hours for respiratory therapists.

Others: A general certificate of attendance will be given to all other care providers.

Location and Parking

The course will be held on the Anschutz Medical Campus at Children's Hospital Colorado, 13123 East 16th Avenue in Aurora, Colorado. Please enter through the hospital main entrance and take the glass elevators to the Conference and Education Center on the second floor.

Children's Hospital Colorado and University of Colorado Hospital employees must park in their designated area. Conference guests will receive parking instructions via email in an event reminder before the conference.

Please visit www.childrenscolorado.org/directions for driving directions, places to stay and travel to Colorado.



Children's Hospital Colorado

Agenda

April 12, 2012

- 7:00 a.m.** Registration and Continental Breakfast
- 7:15** **Pre-conference Assessment**
- 7:30** Welcome and Course Overview for Day 1
Julia Micalizzi, MSN RN CPNP-PC AE-C
- 7:45** **Living with Asthma**
Cindy Coopersmith, RRT CPFT AE-C
- 8:15** **Implementation of the Expert Panel 3 and CCGC Asthma Guidelines**
Monica Federico, MD
- 9:00** **Factors Contributing to Acute and Chronic Asthma**
Richard Crockett, MD
- 10:00** Break
- 10:15** **Patient Assessment and Physical Exam**
Melanie Gleason, MS PA-C AE-C
- 11:15** **Small Group Case Scenarios: Application of Concepts**
Small Group Facilitators*
- 12:00 p.m.** Lunch and Networking
- 1:00** **Spirometry for the Asthma Educator**
Becky Kolenbrander, RRT RPFT AE-C
- 1:45** **Hands-on Spirometry Stations**
Small Group Facilitators*
- 2:15** Break
- 2:30** **Small Group Case Scenarios: Application of Concepts**
Small Group Facilitators
- 3:00** **The Psychosocial Aspects of Asthma**
Jennifer Moyer Darr, LCSW
- 3:45** **Motivating Patients to Manage their Asthma**
Bruce G. Bender, PhD
- 4:45** Evaluation and Announcements
- 5:00** Tour of Children's Hospital Colorado

April 13, 2012

- 7:30 a.m.** Continental Breakfast
- 8:00** Welcome and Course Overview for Day 2
Julia Micalizzi, MSN RN CPNP-PC AE-C
- 8:15** **Pharmacologic Therapy for Asthma (Part 1)**
Ryan Lowe, PharmD BCPS AE-C
- 9:00** **Hands-on Asthma Device Stations**
Small Group Facilitators
- 9:45** Break
- 10:00** **Pharmacologic Therapy for Asthma (Part 2)**
Ryan Lowe, PharmD BCPS AE-C
- 10:30** **Key Messages for Asthma Education and the Asthma Action Plan**
Kate Michalek, MS PA-C AE-C
- 11:15** **Small Group Case Scenarios:**
Integrating Education and an Asthma Action Plan
Small Group Facilitators*
- 12:00 p.m.** Transition to Working Lunch
- 12:15** **Small Group Case Presentations**
Small Group Facilitators
- 1:30** Break
- 1:45** **Program Outcomes, Referrals and Networking**
Lynn Clapper, BSN RN AE-C
- 2:45** **Small Group Discussion: Integrating Asthma Management into Your Practice Setting with a Practice Improvement Plan (PIP)**
Small Group Facilitators*
- 3:15** Break
- 3:30** **Overview of the AE-C Exam and Tips for Success**
Julia Micalizzi, MSN RN CPNP-PC AE-C
- 4:15** **AE-C Jeopardy**
Cindy Coopersmith, RRT CPFT AE-C
- 4:45** **Complete Post-Course Assessment and Evaluation**
- 5:00** Conclusion



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Registration Information

Registration Fees

Register early and online at

www.childrenscolorado.org/events/reachthepeak2012

by March 29, 2012 to receive the early registration fee.

You will receive confirmation and other important details via email after completing the online registration process.

Before March 29

\$295/person for both days

After March 29

\$375/person for both days

Fees include tuition, materials, breakfast, and lunch.

Dinners, lodging and travel are the responsibility of the participant.

Register for both Reach the Peak and Improving Pediatric Asthma Care Training on April 11 at www.childrenscolorado.org/events/impact2012 and you will receive a \$25 registration discount on your second registration. You will receive your unique discount code upon completion of your first registration.

Scholarship Assistance

To apply for scholarship funds provided by the Colorado Asthma Coalition, complete the online registration process without submitting payment; then e-mail a letter of request to Heather Christensen at heather.christensen@childrenscolorado.org by March 15, 2012. You will be advised if you were awarded and the amount in a confirmation e-mail by March 22, 2012.

Payment Options

Online credit card payment or Mail checks payable to:

Children's Hospital Colorado

Attn: Heather Christensen

13123 E. 16th Avenue, B158

Aurora, CO 80045

Cancellation Policy

Refunds may be processed through March 29, 2012 minus a \$35 cancellation fee. After this date no refunds will be granted for non-attendance, although you may send a substitute. The Planning Committee reserves the right to alter the agenda or cancel the conference in the event of an unforeseen circumstance, or if the minimum registration is not attained by March 29, 2012.

Faculty

* Small group facilitator

Children's Hospital Colorado Breathing Institute

Patricia Bangert, BS RRT-NPS CPFT*

Respiratory Therapist, Respiratory Care

Beth Carroll, BSN RN CPN*

Clinical Nurse IV, 8th Floor Inpatient Medical Unit

Jeanne Daddato, RRT RPFT*

Specialties Clinical Coordinator, Respiratory Care

Monica Federico, MD

Associate Professor Pediatrics, University of Colorado

Director, Asthma Program

Pediatric Pulmonologist

Lynne Franklin, RRT RPFT*

Pulmonary Diagnostic Therapist, Respiratory Care

Stephanie Keithline, RN CPN AE-C*

Breathing Institute Pulmonary Nurse

Lindsey McLemore, RRT*

Staff Respiratory Therapist, Respiratory Care

Julia Micalizzi, MSN RN CPNP-PC AE-C*

Instructor of Pediatrics, University of Colorado

Hospitalist, Pediatric Nurse Practitioner

Kate Michalek, MS PA-C AE-C*

Instructor of Pediatrics, University of Colorado

Ernest Montoya, RRT AE-C*

Pulmonary Rehabilitation Therapist, Respiratory Care

Laura Jean Turcotte-Chilcott, BHK RRT *

Clinical Coordinator, Respiratory Care

Mary Kathleen Walsh, BS-IS RRT NPS AE-C*

Respiratory Therapist, Respiratory Care

Kaiser Permanente

Richard Crockett, MD

Department of Allergy, Asthma and Immunology

Ryan Lowe, PharmD BCPS AE-C

Clinical Pharmacy Supervisor and Specialist in Allergy

Co-Chair, Steering Committee, Colorado Asthma Coalition

National Jewish Health

Bruce Bender, PhD

Professor of Pediatrics and Psychiatry, University of Colorado

Head, Division of Pediatric Behavioral Health

Maria Bracamontes*

Asthma Counselor

Maryann Ceballos*

Asthma Counselor

Cristina Colmenero*

Asthma Counselor

Melanie Gleason, MS PA-C AE-C*

Associate Clinical Professor of Pediatrics, University of Colorado

Associate Medical Director, Pediatric Clinical Research

Becky Kolenbrander, RRT RPFT AE-C*

Pulmonary Physiology Technologist II

Jennifer Moyer Darr, LCSW

Pediatric Behavioral Health

Regional Hospitals

Lynn Clapper, BSN RN AE-C*

Medical/Surgical Staff RN

Torrington Community Hospital, Torrington, WY

Cindy Coopersmith, RRT CPFT AE-C

Asthma Educator, Respiratory Therapy

Poudre Valley Hospital, Fort Collins, CO