



**CHAMP CAMP 2012 – CAMPER APPLICATION**

*The Ultimate Summer Camp for Kids (ages 7 to 14) with asthma.*

**July 15-21, 2012**

Glacier View Ranch • Ward, Colorado

**Physician’s Section (Page 14)**

**ATTACH A RECENT PHOTO OF YOUR CHILD TO THIS PAGE.**

The \$35 processing fee is non-refundable and needs to be submitted with this application. Please make check payable to: American Lung Association in Colorado or ALAC

Final cost of camp is based upon your net income & number of exemptions. If you plan to apply for financial aid, please fill out the provided form (page 15). *No need to fill it out if you are NOT applying for financial aid.*

**HOW DID YOU HEAR ABOUT CHAMP CAMP (circle one)?**

- Healthcare Provider’s Office     Friend     Internet Search     Radio
- Social Worker     Past camper     Flyer/Brochure     TV
- School/School Nurse     Camp staff     American Lung     Magazine
- Kunsberg School     Called/emailed us     Newspaper     Other \_\_\_\_\_

**CAMPER INFORMATION**

Name of child \_\_\_\_\_

Nickname/preferred name \_\_\_\_\_

Birth date (month/day/year) \_\_\_\_/\_\_\_\_/\_\_\_\_ Circle: Female Male

Age at time of Champ Camp 2012 \_\_\_\_\_ Grade \_\_\_\_\_

Child’s ethnicity (circle) White African American Hispanic/Latino Asian Pacific Islander  
Native American Other: \_\_\_\_\_

T-shirt size:  Youth S  Youth M  Youth L  Adult S  Adult M  Adult L  Adult XL

Has your child attended Champ Camp in the past?  Yes  No If yes, how many summers? \_\_\_\_\_

Has your child attended other asthma camps?  Yes  No If yes, how many summers? \_\_\_\_\_

If yes, which camp? \_\_\_\_\_

## PARENT/GUARDIAN INFORMATION

Do you, the parent/guardian, have asthma?  Yes  No

Are parents living together?  Yes  No

Does anybody smoke inside your home?  Yes  No

Does anybody smoke inside your car while your child is present?  Yes  No

Please indicate where we should send camp-related mailings:

Mother's address  Father's address  Guardian's address

### Mother's Contact Info:

Name \_\_\_\_\_

Home number \_\_\_\_\_ Work number \_\_\_\_\_

Cell number \_\_\_\_\_ Email \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_

Name of employer \_\_\_\_\_

Employer address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### Father's Contact Info:

Name \_\_\_\_\_

Home number \_\_\_\_\_ Work number \_\_\_\_\_

Cell number \_\_\_\_\_ Email \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_

Name of employer \_\_\_\_\_

Employer address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Guardian's Contact Info:**

Name \_\_\_\_\_

Home number \_\_\_\_\_

Work number \_\_\_\_\_

Cell number \_\_\_\_\_

Email \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

County \_\_\_\_\_

Name of employer \_\_\_\_\_

Employer address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

- Please describe any custody or visitation restrictions:

\_\_\_\_\_

- Person designated to drop-off child or pick-up child from camp other than yourself:

Name \_\_\_\_\_ Relationship to child \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

- Person **NOT** permitted to take child or pick up child from camp:

Name \_\_\_\_\_ Relationship to child \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

- Person(s) to be contacted in case of an emergency: (Must be completed)

Name \_\_\_\_\_ Relationship to child \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Name \_\_\_\_\_ Relationship to child \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

## CAMPER MEDICAL INFORMATION

Date of last physical examination \_\_\_\_\_

Name of child's primary care physician \_\_\_\_\_

Pediatrician     Family Practitioner     Don't Know     Other

Primary care physician phone \_\_\_\_\_

Primary care physician address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name of child's dentist/orthodontist \_\_\_\_\_ Dentist Phone \_\_\_\_\_

Does your child currently see an asthma specialist?     Yes     No

If yes, which type?     Allergist     Pulmonologist     Don't Know

Name of child's asthma specialist \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Does your child have a specific asthma action plan?**     Yes     No    *If yes, please attach to application.*

Child's medical insurance (check one):

Private insurance (Blue Cross/Blue Shield; HMO; PPO)     Medicaid (Medi-Cal in California)  
 Other state public program     None

Name of health insurance plan: \_\_\_\_\_

Policy or group number: \_\_\_\_\_

### ***For Females Only:***

*Has she menstruated?*     Yes     No

*If not, do you anticipate that she will start her cycle for the first time this summer?*     Yes     No

*If she has menstruated, is her cycle normal?*     Yes     No

*Please describe any abnormalities or special needs:* \_\_\_\_\_

\_\_\_\_\_

## MEDICATIONS

Please list all of your child's daily medications

Medication	Dose	Times per day	For what condition

Is your child on allergy injections?  Yes  No

NOTE: No allergy shots will be given at camp, unless there are special circumstances. Our Medical Director needs to approve allergy injections in advance.

## ASTHMA HISTORY

1. How many years has your child had asthma? \_\_\_\_\_
2. Check all the symptoms you have noticed since your child started having trouble breathing:
  - Cough
  - Wheeze
  - Difficulty breathing while resting
  - Difficulty breathing with exercising: cough, tightness of chest, easily out of breath
  - Difficulty breathing at night: cough, chest tightness, wheezing during night
3. Check which time of year your child has the most difficulty breathing (cough, wheeze, chest tightness):
  - Fall
  - Winter
  - Spring
  - Summer
  - Year Round
4. Check which time of day your child has the most difficulty breathing (cough, wheeze, chest tightness):
  - Morning
  - Afternoon
  - Evening
  - During the Night
5. Check all of the factors that trigger your child to have trouble breathing, wheeze, cough, or have chest tightness:
  - Respiratory infections
  - Sinus infections
  - Exercise
  - Casual Activity
  - Vigorous Activity
  - Strong smells or Perfumes
  - Tobacco Smoke
  - Weather Changes
  - Cold Air
  - Excitement (including laughing and crying)
  - Allergens      If yes, which ones \_\_\_\_\_
  - Animals        If yes, which ones \_\_\_\_\_
  - Food             If yes, which ones \_\_\_\_\_
  - Other \_\_\_\_\_

6. Any specific activities to be encouraged or limited by physician's advice? If so, please list:

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7. Has your child ever been to the intensive care unit for asthma?  Yes  No
8. Does your child have a history of eczema?  Yes  No
9. Who is responsible for giving your child's asthma medication at home?  Child  Parent  Both
10. Is your child allowed to carry his/her inhaler at school?  Yes  No
11. Does your child use a spacer/chamber/assisting device with his/her inhaler?  Yes  No
- If so, what is the brand name of the spacer?
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12. Does your child use a peak flow meter?  Yes  No
- a. If yes, what brand? \_\_\_\_\_
- b. If yes, what is your child's normal reading? \_\_\_\_\_
- Does your child use it routinely?  Yes  No
- If so, how often? \_\_\_\_\_time(s) a day \_\_\_\_\_time(s) a week

13. Within the past 3 months (*on average*):
- a. How often does your child wake up because of asthma or coughing?
- None  Some  A lot
- b. How much does your child's asthma interfere with exercise?
- None  Some  A lot

14. How many times in the past 12 months have oral corticosteroids been used for the control of your child's asthma (oral corticosteroids are medications taken by mouth in either pill or liquid form, and are usually used when other medications cannot adequately control asthma symptoms) Names of oral corticosteroids include: Prednisone, Medrol, Deltasone, Decadron (pills) and Pediapred, Prelone, Liquidpred, OraPred, BubbyPred (liquids)?

\_\_\_\_\_ Courses of oral corticosteroids have been used in the past year

Date of most recent course? \_\_\_\_\_

15. How many times in the past 12 months has your child:
- a. Gone to the doctor for a non-urgent visit for his/her asthma? \_\_\_\_\_
- b. Gone to the emergency room for asthma? \_\_\_\_\_
- c. Missed school due to asthma? \_\_\_\_\_
- d. Missed school due to other illness? \_\_\_\_\_
- What kind of illness? \_\_\_\_\_

## ALLERGIES HISTORY

Is your child allergic to any MEDICATION? (Penicillin, sulfa, etc.)?  Yes  No If yes, please list:

Medication Name	Reactions*	How long ago?

Is your child allergic to any FOODS?  Yes  No If Yes, please list:

Food Name	Reactions*	How long ago?

Is your child allergic to any ANIMALS?  Yes  No If Yes, please list:

Animal	Reactions*	How long ago?

Is your child allergic to any INSECTS?  Yes  No If Yes, please list:

Insect	Reactions*	How long ago?

*\*Reactions include severe, total body reaction (anaphylaxis); shock; skin problems (hives, redness, blistering, itchy skin, swelling); breathing problems (wheeze, cough, chest tightness); mouth problems (swollen lips, rash, tongue swelling, itchy); throat problems (swollen, itchy, scratchy); eye problems (swollen, itchy, watery); nose problems (itchy, runny, stuffy, sneezing); intestinal problems (abdominal pain, vomiting, diarrhea); behavior/sleep problems (stimulation, hyper, strange behavior, sleepiness, trouble sleeping).*

Was emergency treatment (911, ER visit, Urgent Care, EpiPen, etc.) needed for any of the reactions listed above?

Yes  No If Yes, please explain:

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## OTHER HEALTH-RELATED MATTERS

Circle yes or no.

Headaches	Yes	No		Seizures or Convulsions	Yes	No		Hyperactivity	Yes	No
Eating Disorder	Yes	No		Diabetes	Yes	No		Hypertension	Yes	No
Frequent Ear Infections	Yes	No		Constipation	Yes	No		Heart Defects/ Disease	Yes	No
Hearing Impaired	Yes	No		Fainting	Yes	No		Bleeding/ Clotting Disorders	Yes	No
Vision Impaired	Yes	No		Discipline Problems	Yes	No		GERD (chronic heartburn)	Yes	No
Learning Disability	Yes	No		Depression	Yes	No		Mononucleosis	Yes	No
Obsessive Compulsive Disorder	Yes	No		Bedwetting	Yes	No		Hay Fever	Yes	No
Attention Deficit Disorder	Yes	No		Sleepwalking	Yes	No		Ivy Poisoning	Yes	No

Does your child have any chronic or recurring illness besides asthma?  Yes  No

Has your child had any operations or serious injuries?  Yes  No

Are there any other medical problems or conditions your child has that the camp directors/medical staff should be aware of?  Yes  No

If yes to any of the above questions, explain below:

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## BEHAVIORAL MATTERS

Please identify any concerns regarding your child's behavior that may assist the Champ Camp staff in providing your child with a positive summer camp experience.

If any, please describe your child's emotional, developmental or behavioral concerns:

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Please describe any behavioral or emotional concerns for which your child is currently receiving psychological treatment for or has received treatment for in the past:

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If your child is currently taking medication for emotional or behavioral concerns, please list the medication and dosage: \_\_\_\_\_

Describe the symptoms for which the medication is prescribed: \_\_\_\_\_

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If your child is receiving psychological treatment, counseling, or psychiatric medication, we will need to contact the treating clinician. Contacting your child's clinician will help us meet your child's special needs while at camp.

Please list the clinician's name and phone number, and sign the release below:

\_\_\_\_\_  
(Clinician's first and last name)

\_\_\_\_\_  
(Clinician's Phone Number)

Name of Child: \_\_\_\_\_

I give permission for \_\_\_\_\_ to communicate with American Lung Association staff regarding my child. (Clinician's name)

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

Has your child ever been away from home and parents for more than a few days?  Yes  No  
If yes, were there any problems?  Yes  No If yes, what kind of problems occurred?

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Do you anticipate any problems with homesickness at Champ Camp?  Yes  No  
If yes, please describe: \_\_\_\_\_

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Does your child feel embarrassed at school or in public if he/she has to take an inhaler or nebulizer treatment?  
 Yes  No

Do you anticipate any activity restrictions?  Yes  No  
If so, explain: \_\_\_\_\_

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Is there anything else you feel camp staff should know about your child?  Yes  No  
If so, explain:

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**PARENT'S AUTHORIZATION – Sign and date each section**  
**RELEASE OF LIABILITY**

THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE CHAMP CAMP/AMERICAN LUNG ASSOCIATION Southwest Region (ALASW), its directors, staff and volunteers (hereinafter referred to as "releasees") from all liability to the undersigned or such children and all their personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with CHAMP CAMP.

THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned or such children in, upon or about the CHAMP CAMP premises or in any way observing or using any facilities or equipment of CHAMP CAMP or participating in any program affiliated with the CHAMP CAMP whether caused by the negligence of the releasees or otherwise.

THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releasees or otherwise while in, about or upon the premises of CHAMP CAMP and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with CHAMP CAMP.

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

**AUTHORIZATION FOR EMERGENCY MEDICAL CARE**

I hereby give my permission to CHAMP CAMP officials to call a doctor or emergency medical service and for the doctor, hospital or medical service to provide emergency or medical or surgical care for my child, \_\_\_\_\_ should an emergency arise. It is understood that camp officials will make a conscientious effort to local the emergency contacts listed on the registration document before any action will be taken. If it is not possible to locate an emergency contact listed, I/we will accept the expense of emergency medical or surgical treatment.

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

**PHOTOGRAPHY, VIDEO AND PROMOTIONAL RELEASE**

I do hereby acknowledge and authorize CHAMP CAMP and the American Lung Association Southwest Region to take and use photographs, video and written comments of or by my child for promotional and informational materials. Further, I agree to release and discharge the American Lung Association Southwest Region and its sponsors from any and all liability in connection with the use of such photographs, videos and written comments of or by my child.

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

**AUTHORIZATION TO PARTICIPATE OR EXCLUDE PARTICIPATION IN CAMP ACTIVITIES**

I hereby give permission for my child to go on trips away from camp premises, whether on foot or by vehicle. I give permission for my child to participate in all camp activities with the following exceptions: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

\*The Camp Director will have a complete list of activities that will be included in your parent packet as camp draws closer. If there is a camp activity that you do not want your child to participate in after you review the list in your parent packet, please contact the director at 303.847.0267 or 303.847.0279.

**AUTHORIZATION TO RELEASE MEDICAL DATA**

I hereby authorize CHAMP CAMP and the American Lung Association Southwest Region to release medical data for the purpose of compiling and assessing national asthma medical information. I understand that all participants' data will be combined and analyzed ("cumulatively" or "together") thereby protecting the confidentiality of my child.

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

**CAMPER CODE OF CONDUCT – Both Camper and Parent/Guardian must review, sign and date**

To help each camper get the most out of his/her camp experience, we have designed a list of ground rules. We recognize the special needs of our campers, and will (as much as possible) individualize the rules according to the needs and abilities of each camper.

Champ Camp has 5 basic rules. These rules are designed to protect the overall health of Champ Camp. It is our goal that each child returns home with fun memories... it is our mission to provide a quality environment and experience for all involved.

**Rule # 1 - Respect yourself, others and property.** "Respect yourself" means pick up your belongings, take care of personal hygiene and take your medication on time. Abusive behavior toward others or use of inappropriate language is not tolerated. Also, there will be no fighting, no stealing, no property damage, no graffiti and no vandalism at any time.

**Rule #2 - Participate in all camp activities.** It is camp's responsibility to know where every single camper is at all times. Campers are expected to be present at all activities unless excused by a staff member. Campers cannot be left alone in their cabins; therefore, if any camper is excused from an activity, he/she will be supervised by a staff member or by a nurse in the infirmary.

**Rule #3 – Follow directions.** There are a lot of fun things to do at camp, but every activity has guidelines so that camp can operate safely and appropriately. We expect the campers to follow staff direction during all activities.

**Rule #4 - No put-downs** (examples - teasing, name-calling, racial slurs, inappropriate jokes).

**Rule #5 – Sticks and stones stay on the ground at all times.**

**Here is a breakdown of our camper-behavior-response policy:**

- The counselor will start by giving the child a warning, and if that does not work, then a time-out with an explanation/discussion regarding the cause of the problem.
- If the counselor needs help, a Camp Management staff member will work with the child to help avoid further problems.
- We may call home to discuss suggestions on ways to deter the inappropriate behavior. As a last resort, we may need to send a camper home.
- In the case of *severe* homesickness or if misbehavior is causing harm to anyone, including the camper misbehaving, we reserve the right to send the camper home.

I understand and accept that my child must abide by the Camper Code of Conduct:

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Parent/Guardian Signature

Date

I agree to abide by the Camper Code of Conduct:

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Camper Signature

Date

Physician's Section for \_\_\_\_\_

Camper's Name

Please complete this form and fax to Attn: Champ Camp at 303.377.1102

*Recommendations and Restrictions while at Champ Camp:*

1. Communicable diseases, serious illnesses, and/or operations this individual has/had?
2. Treatment to be continued while at Champ Camp?
3. Medication to be administered at camp (specific dosages)?
4. Medically prescribed meal plan or dietary restrictions?
5. Drug reactions or allergies (food, drugs, plants, insects, etc.)?
6. Please give results of child's most recent PFT in table below.      Date of PFT: \_\_\_\_\_

	Measured Value	% Predicted
FVC		
FEV1		
FEF 25-75%		

7. Child's Peak Flow Zones:  
Green Zone \_\_\_\_\_ Yellow Zone \_\_\_\_\_ Red Zone \_\_\_\_\_
8. Please rate the severity of his/her asthma?  
Mild Intermittent    Mild Persistent    Moderate Persistent    Severe Persistent
9. Any disabilities or behavior problems? Yes    No    If yes , please explain: \_\_\_\_\_

I have examined the person herein described and have reviewed his/her health history. By signing below I am confirming that this child does indeed have asthma. It is my opinion that he/she is physically able to engage in camp activities, except as noted above.

\_\_\_\_\_  
Physicians/Nurse Practitioner's Signature      Date of Examination

\_\_\_\_\_  
Physicians/Nurse Practitioner's Printed Name      UPIN#      Phone #

