





<b>8:00</b>	<b>WELCOME/REVIEW OF THE DAY</b>	<p style="text-align: center;"><i>Course Objectives</i></p> <p><i>At the conclusion of each lesson, participants will be able to:</i></p> <ol style="list-style-type: none"> <li>1. <i>Explain the use of all medication delivery devices</i></li> <li>2. <i>Demonstrate the use of spacing devices</i></li> <li>3. <i>Demonstrate relaxation exercises, belly breathing and pursed lip breathing</i></li> <li>4. <i>Demonstrate the use of peak flow meters</i></li> </ol>
<b>8:15</b>	<b>Asthma Medicine Devices &amp; Demonstration</b>	
15-MINUTE BREAK AT 10:15		
<b>10:30</b>	<b>Asthma Management: Pharmacological Therapy</b>	<ol style="list-style-type: none"> <li>1. <i>Explain asthma classification schemes</i></li> <li>2. <i>Understand the stepwise approach to asthma therapy</i></li> <li>3. <i>List asthma medications and delivery devices</i></li> <li>4. <i>Recognize new, complementary and alternative therapies</i></li> </ol>
ONE HOUR LUNCH AT 12:00		
<b>1:00</b>	<b>Barriers to Adherence &amp; Compliance: Behavioral, Cultural &amp; Other Challenges</b>	<ol style="list-style-type: none"> <li>1. <i>Assess the needs and identify issues that contribute/ inhibit asthma management, including: educational, socioeconomic, psychological, cultural, behavioral and environmental factors.</i></li> <li>2. <i>Identify strategies to address these barriers.</i></li> </ol>
15-MINUTE BREAK AT 2:00		
<b>2:15</b>	<b>Asthma Action Plan: Management Plan Development</b>	<ol style="list-style-type: none"> <li>1. <i>Identify the components of an Asthma Action Plans and asthma diaries</i></li> <li>2. <i>Complete an Asthma Action Plan</i></li> <li>3. <i>Monitor the effectiveness of Asthma Action Plans and steps to revise them</i></li> <li>4. <i>Teach patients to use their Asthma Action Plan</i></li> </ol>
15-MINUTE BREAK AT 3:45		
<b>4:00</b>	<b>Your Role As an Asthma Educator: Professional Issues/Professional Practices</b>	<ol style="list-style-type: none"> <li>1. <i>Conduct a health education evaluation</i></li> <li>2. <i>Make referrals</i></li> <li>3. <i>Utilize professional networking</i></li> </ol>
<b>4:15</b>	<b>Exam Preparation</b>	<ol style="list-style-type: none"> <li>1. <i>Determine eligibility to sit for the NAECB exam</i></li> <li>2. <i>List the NAECB exam logistical details</i></li> <li>3. <i>Identify NAECB exam categories</i></li> <li>4. <i>Recognize the anatomy of NAECB exam questions</i></li> <li>5. <i>Apply test taking tips</i></li> <li>6. <i>Use CPT Codes and Reimbursement</i></li> </ol>
<b>4:45</b>	<b>POST-TEST/EVALUATION</b>	

*The American Lung Association Asthma Educator Institute™ is taught by American Lung Association volunteers, such as: AE-Cs, RNs, RTs, or MDs. If you are interested becoming a presenter for this course or if you are interested in hosting an Asthma Educator Institute for your organization, please contact your local office.*