

How Asthma-Friendly Is Your School?

School Asthma Needs Assessment

1. Is your school free of tobacco smoke at all times, including during school-sponsored events?	YES	NO	
2. Does your school have a written IAQ management plan? <i>(If no, continue with Question 3.)</i>	YES	NO	
a. If yes, does it reduce or eliminate allergens and irritants that can make asthma worse, including:			
i. cockroaches	YES	NO	
ii. dust mites	YES	NO	
iii. mold	YES	NO	
iv. pets with fur or feathers	YES	NO	
v. strong odors or fumes (such as dry erase boards, copy machines, art and craft supplies, pesticides, paint, perfumes, chemicals)	YES	NO	
3. How often is a school nurse in your school?			
Specify number of hours per day and/or number of days per week: ____ hours/day ____ days/week			
4. If a nurse is not in your school all day, every day, is a nurse regularly available to help the school write asthma plans and give the school guidance on asthma issues?	YES	NO	
a. Is someone assigned and trained to give medications?	YES	NO	
b. Does the school nurse supervise and monitor that person at least monthly?	YES	NO	
5. Is there a written policy that allows children to take asthma medications at school as prescribed by their doctor and permitted by parent?	YES	NO	
a. If yes: Does the written policy specify if children may carry and administer their own medications?	YES	NO	
b. If no: Is the medication where the child can access it all day, every day?	YES	NO	
c. If no: where is it located? ____ teacher ____ classroom ____ nurse's office ____ main office other: _____			
d. Is there a functional plan for asthma medications on field trips?	YES	NO	

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6. Does your school have a written Asthma Action Plan for each child with asthma in case of a severe asthma episode? (If Yes, continue below. If No, proceed to Question 7.)	YES	NO	
a. Does the plan include what action to take?	YES	NO	
b. Does the plan include whom to notify and when?	YES	NO	
c. Is there a procedure established to discuss the asthma management measures together with the student, teachers, and parent?	YES	NO	
7. Is there an established asthma education program that includes general asthma information, asthma management plans, asthma emergency procedures, and asthma medications for each of the following:			
a. All school staff (incl. PE teachers and bus drivers)?	YES	NO	
b. Students with asthma?	YES	NO	
c. Classmates of students with asthma?	YES	NO	
d. Parents?	YES	NO	
8. Regarding physical education:			
a. Do students have options for fully and safely participating in physical education class and recess activities?	YES	NO	NOT ALWAYS
b. Is premedication available, if needed?	YES	NO	NOT ALWAYS
c. Are modified activities available, if needed?	YES	NO	NOT ALWAYS
d. Are PE instructors and activity monitors aware of individual needs?	YES	NO	NOT ALWAYS

This form was modified from the NATIONAL HEART, LUNG AND BLOOD INSTITUTE/NATIONAL ASTHMA EDUCATION AND PREVENTION PROGRAM *How Asthma Friendly Is Your School?* form.