



How to Use a Dry Powder Inhaler

Aerolizer®

Loading a Dose of Medicine:

1. Remove the inhaler cover. Take the mouthpiece off the Aerolizer by twisting it.
2. Take a capsule out of the wrapper. Keep the capsule in the wrapper until you are ready to use it.
3. Place the capsule in the hole in the center of the device. Never place the capsule directly into the mouthpiece.
4. Twist the mouthpiece back into the closed position.
5. Hold the mouthpiece and inhaler upright. Press both buttons on the side of the inhaler ONCE firmly and at the same time.

Breathing in the Medicine:

2. Turn your head away from the Aerolizer. Take a deep breath and breathe out as much as you can.
3. Seal your lips around the Aerolizer mouthpiece. Tilt your head back slightly, keeping the inhaler horizontal. The buttons should be on the left and right of the inhaler, not on the top and bottom.
8. Breathe in through your mouth as deeply as you can. You will hear a whirring noise when the capsule spins.
9. Remove the inhaler from your mouth. Hold your breath for 5 to 10 seconds—or for as long as you comfortably can with your mouth closed. Then resume normal breathing.
10. Twist the mouthpiece of the Aerolizer to open. Throw away the used capsule, twist the mouthpiece closed and replace the inhaler cover.
11. Rinse your mouth with water and spit it out.

Additional Inhaler Tips:

1. The Aerolizer works by placing a capsule into the device.
2. Keep the capsules in their foil packaging until you are ready to use the Aerolizer.
3. Store the Aerolizer in a cool, dry place. If the mouthpiece gets dirty, wipe it with a cloth.